Working with Members of Congress
PANELISTS

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FINDING YOUR REPRESENTATIVE & SENATORS

Find your Representative
Go to https://www.house.gov/representatives/find-your-representative and enter your zip code.

Find your Senator
Go to https://www.senate.gov/ and use the pull down menu on the top left of the screen

Look for their support on legislation
See if their names are listed as cosponsors on the following legislation
To establish the policy of the United States regarding the no-first-use of nuclear weapons

Restricting First Use of Nuclear Weapons Act of 2021

Investing in Cures Before Missiles Act of 2021

Embracing the goals and provisions of the Treaty on the Prohibition of Nuclear Weapons.
NO FIRST USE

LEGISLATION
Establish No-First-Use of Nuclear Weapons Act

BILL NUMBER(S)
H.R. 921 S. 272

CHAMPIONS
Rep. Smith
Sen. Warren

COSPONSORS
House: 52
Senate: 7
### Legislation
Restricting First Use of Nuclear Weapons Act

### Bill Number(s)
- **H.R. 669 S. 200**

### Champions
- Rep. Lieu
- Sen. Markey

### Cosponsors
- **House:** 62
- **Senate:** 13
CANCEL ENHANCED WEAPONS

LEGISLATION
Investing in Cures Before Missiles Act

BILL NUMBER(S)
N/A (Emerging Legislation)

CHAMPIONS

COSPONSORS
N/A (Emerging Legislation)
PURSUE GLOBAL ELIMINATION

LEGISLATION
Embracing the goals and provisions of the TPNW

BILL NUMBER(S)
H. Res 302

CHAMPIONS
Rep. McGovern

COSPONSORS
House: 9
“Senator, you have to unmute.”

- Virtually gather friends and allies.
- Email and call the scheduler in your local congressional office to request a lobby visit by telephone or video conference.
- Make a Road Map for the virtual lobby visit and assign roles.
- Follow-up via email.
LOBBYING TIPS

Make the issue personal & local
How does your unique story & community impact your thinking on nuclear weapons issues?

Build relationships with the office
Don’t stop the conversation after one meeting.

Diverse perspectives show widespread consensus
When activists reflect a wide array of perspectives in their district & state, members listen.

Connect the dots to related issues
How do nuclear weapons connect to other issues you care about?
EXAMPLE OF SUCCESS

Date of meeting
74th anniversary of the attacks on Hiroshima & Nagasaki

Local Resolution
The activists had previously passed a city council resolution in Rep. Schiff's district

Variety of perspectives
The group included veteran, health professional and student organizers
Questions?
Practice

● Tell us why nuclear weapons issues matter to you
● Make it personal & local
● Link nuclear weapons to other issues you care about